WEEK 3

STEP 1 Choose from...

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Hot Dog Pasta to go with Peas, Homemade 5050 Bread	Beef Bolognese to go with Spaghetti, Sweetcorn, Homemade 5050 Bread	Roast Pork to go with Carrots, Roast Potatoes	Hot-Dog to go with Homemade Herby Diced Potatoes, Spaghetti Hoops	Fish Fingers to go with Chips, Peas
Vegetarian	Smokey BBQ Quesadilla to go with Sweetcorn, Mixed Salad	Summer Veggie Spaghetti to go with Mixed Veg, Homemade 5050 Bread	Quorn Fillet to go with Broccoli, Roast Potatoes	Quorn Hotdog to go with Baked Beans, Homemade Herby Diced Potatoes	Home-made Pizza to go with Baked Beans, Chips
Combo	Jacket Potato with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo	Jacket Potato with choice of fillings Tuna Mayo, Cheese & Beans	Jacket Potato with choice of fillings Tuna Mayo, Cheese & Beans	Jacket Potato with choice of fillings Tuna Mayo, Cheese & Beans	Jacket Potato with choice of fillings Tuna Mayo, Cheese & Beans
STEP 2 ...and to finish!	Pear Sponge	Apple Sponge	Ice Lolly	Orange & Lemon Sponge to go with Chocolate Sauce	Fruity Oat Cookies
	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly

Bread and Salad will be available at Lunch Times

Please speak to a member of the Catering Team or view relishschoolfood.co.uk for Allergen Information

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